



March 4, 2020

The South Bend Community School Corporation and the St. Joseph County Health Department are working together to follow the recommended guidelines of the CDC regarding Coronavirus Disease 2019 (COVID-19). SBCSC building custodians regularly clean "high touch" surfaces (doors, door knobs, desks, push plates) in all of our buildings to maintain a clean and safe environment.

It is recommended, based on current conditions, that students and staff with flu-like illness stay home for at least 24 hours after they no longer have a fever or signs of a fever.

The CDC emphasizes washing hands, respiratory etiquette and staying home when sick:

- Practice good hand hygiene. Students and staff members should wash their hands often with soap and water, especially after coughing or sneezing. Alcohol-based hand sanitizers are also effective.
- Practice respiratory etiquette. Illnesses can spread from person to person in the droplets produced by coughs and sneezes, so it is important to cover your mouth and nose with a tissue when you cough or sneeze. If you don't have a tissue, cough or sneeze into your elbow or shoulder, not into your hands.
- Stay home if you are sick. Keeping sick students home means decreasing the spread of germs to others.